

Welcome to Pathways to Success!



FYS 100

This course is designed to help you explore career options, set meaningful academic and career goals, develop essential skills such as information literacy and critical thinking skills, and engage in academic behaviors and study strategies that will help you meet with success.

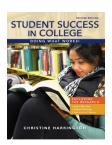


Please reach out to me!

You are on the road to success! I am here to support your journey. In addition to getting to know one another during class, we will also have individual meetings outside of class. Please visit me often ©

Dr. Christine Harrington charrington@njccc.org

What book and other materials do I need?



Texts: Student Success in College: Doing What Works! 2nd edition, Cengage Learning

Articles and Websites: Several additional resources will be used. These will be posted in the Learning Management System.

What is this course all about?

Learning Outcomes:

You will develop a higher sense of self-efficacy by:

- 1. Identifying and utilizing strategies and resources that promote academic success, personal growth, and resilience.
- 2. Demonstrating critical thinking, information literacy, and technological skills.
- 3. Practicing interpersonal and leadership skills essential in a diverse, global society.
- 4. Reflecting on values, goals, decisions, and actions in relation to their impact on self and others.
- 5. Creating academic, career and financial plans.

Course Content Areas

- Career exploration and academic planning
- Purpose and structure of higher education
- Goal setting
- Decision making, critical thinking and information literacy
- Grit and resilience
- Self-reflection
- Study strategies
- Financial literacy



What can I expect to happen during class?

In order to learn, you'll need to be actively involved and engaged with the course content so you can expect this semester to be filled with lively discussions, activities, and challenging assignments. Because we learn best when engaged with others, you will work with a partner or small group almost every class period.

Important Policy Information

If you need accommodations due to a disability, please reach out to a Disability Service Provider.

To foster a productive learning environment, the College requires that all students adhere to the Code of Student Conduct which is published in the college catalog and on the college's website.

Academic Integrity Policy: All Students are Expected to Engage in Academically Honest Work

Academic integrity benefits everyone in our community. It not only helps you reach the real goal of this class- learning, but also allows for the college and program to be perceived positively by others. When students are dishonest, they lose out on valuable learning that will help them perform well in their career. It can also negatively impact all of the students in the program and at the institution by creating negative mindsets which may result in fewer outside learning opportunities for students. Academic dishonesty is any attempt by a student to gain academic advantage through dishonest means or to assist another student with gaining an unfair advantage. Academic integrity is important regardless of whether the work is graded or ungraded, group or individual, written or oral. Dishonest acts can result in a failing grade on an assignment, a failing course grade and/or an official code of conduct charge being filed.

Late Work/Missed Exam Policy: All Students are Expected to Complete Learning Tasks on Schedule

It is important to stay on track with your assignments- not only will this help you feel less stressed but it is also an important skill you will need in your career. Being able to meet deadlines and juggle many tasks is an important career and life skill. Thus, it is expected that you will complete all assignments according to the schedule. If you have a personal situation that prevents you from doing so, please discuss this with me prior to the due date so we can explore options. Assignments can be submitted via MindTap **PRIOR to a class** if you will be absent.

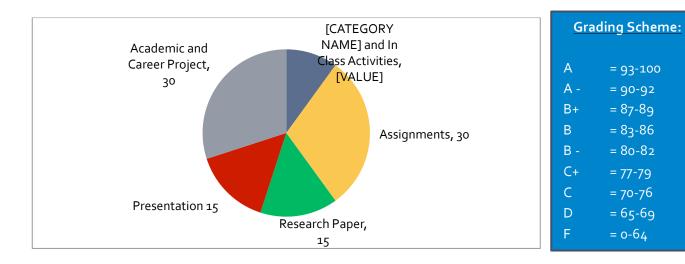
Available Help and Support:

Successful people access support from others as needed. The college has many supportive services that can help you achieve your goals. I encourage you to reach out to me or other professionals on campus. Here's some information about the resources available to you:

Your Professor	E-mail me at charrington@njccc.org or stop by my office.
Librarians	Assistance with finding and evaluating information.
Personal, Career, Transfer,	Confidential individual counseling and offers workshops throughout the semester
and Disability Counselors	Click <u>here</u> for hours and location.
Tutors	Tutoring and writing assistance. Click here for hours and location
Academic Advisors	Academic and career planning. Click <u>here</u> for hours and location

What do I have to do and how will I be graded?





Major Assignments	Formative Assessments Linked to Major Assignments
Academic/Career Project (30%)	Quizzes and In Class Activities (5%)
	Educational Map (5%)
	Career Information and Networking Action Plan (5%)
Research Paper and Presentation	Quizzes and In Class Assignments (5%)
(30%; 15% each)	Evaluating Sources Worksheet (5%)
	Exploring the Research in Summary Worksheet (5%)
	PowerPoint Draft (5%)
	Reflection Paper (5%)

Course Outline

Class Date	What is Due?	Topic, Activities, and Relevant Resources
Week		Welcome and Introduction
vveek 1		Purpose and Structure of Higher Education
Week		Goal Setting, Time Management, and Academic Planning
2		 Chapter 3: Setting Effective Goals and Making the Most of Your Time
		Chapter 7: Making Good Academic, Career, and Financial Decisions
Week	Educational Map	Career Exploration and Networking and Self-Assessment
3	·	Chapter 7: Making Good Academic, Career, and Financial Decisions
Week	Career Information and	Staying on Track: Studying and Test-Taking Strategies
4	Networking Action Plan	Chapter 2: Skills You Need: Memory, Note-Taking, and
	Worksheet	Studying Techniques
		Chapter 4: It's Show Time: Papers, Presentations, and Papers
Week	Quizzes- Chapters 3,7, 2, and 4	Financial Literacy
5	Quizzes enapters 5,7, 2, and 1	Chapter 7: Making Good Academic, Career, and Financial
J		Decisions
Week		Decision Making and Critical Thinking
6		Chapter 1: College Expectations: Being a Critical Thinker
Ū		Chapter 7: Making Good Academic, Career, and Financial
		Decisions
Week	Academic and Career Project	Academic and Career Planning and Reflection
7	Academic and Career Project	
Week	Evaluating Sources Worksheet	Information Literacy; Teamwork Skills
8		Chapter 4: It's Show Time: Papers, Presentations, and Test
Week	Exploring the Research in	Reading and Critical Thinking; Note-Taking Skills
9	Summary Worksheet	Chapter 1: College Expectations: Being a Critical Thinker
		Chapter 2: Skills You Need: Memory, Note Taking, and
		Studying Techniques
Week		Reflection, Grit and Resilience
10		Chapter 5: Motivation, Resilience, and Stress Management:
		Strategies for When College and Life Get Challenging
		Chapter 6: How Are You Doing? Maximizing Learning via Self-
		Reflection
Week	Research Paper	Using Feedback to Improve Learning
11		 Chapter 6: How Are You Doing? Maximizing Learning via Self- Reflection
Week	Quizzes- Chapters 1, 5, 6	Project and Time Management
12	, , , , , , , , ,	Chapter 3- Setting Effective Goals and Making the Most of Your Time
Week	PowerPoint Draft	Effective Teamwork and Use of Technology/Multi-Media
13		Chapter 4- It's Show Time: Papers, Presentations, and Tests
Week	Presentation	Presentations on Student Success Research
14		
Week	Reflection Paper	Reflection and Action Plans
15		

Assignments:

Quizzes and In Class Assignments (10%)

Successful students are engaged both in and out of the classroom. Because testing helps you learn, you will be take online quizzes (in MindTap) on chapters from the text. To help you maximize learning while reading, you will also have reading assignments. In addition, there will be a variety of in class and out of class assignments that align to the goal and topic of the day. Your active participation and successful completion of these tasks will help you be successful and will count toward your final grade.

<u>Academic and Career Project (30% Final Project: 5% Career Information and Networking Action Plan</u> <u>Worksheet 5% Educational Map)</u>

Choosing a career path is a big decision that takes much time and effort. Engaging in the career exploration process will help you make a good decision. Even if you have already decided on a career path, this assignment will help you learn more about the various options that exist within the career of interest. A template will be provided. The final project will be an 8-10-page paper (2-3 pages for each section below:

- **Self-Assessment:** Knowing about yourself is an important part of the career exploration process. After taking self-assessments in class and in MindTap, write a summary paper.
- Career Information: Gather information from a variety of sources such as websites, informational interviews, and social media on at least 3 career paths. Complete the Career Information Worksheets on each career and will then write a personal reflection summary, addressing how the career paths are or are not aligned to your values and interests. You'll want to find out the following information on each career:
 - Job description and job tasks
 - Job outlook and Salary
 - o Work environment and Opportunities for Advancement
 - Education and other requirements
 - o Factors that contribute to success in this field
 - Informational Interview data or information gathered via Social Media/Twitter
 - Must include citation/source and a paragraph explaining why you believe the sources are credible, noting any possible biases or limitations.
- Career Networking Actions and Reflection: One of the most important skills to develop when it
 comes to careers is networking and it is never too soon to start networking. You will develop a
 Networking Plan and then engage in at least 3 networking behaviors (i.e. meeting with a
 professional in the field, attending a professional meeting, etc.) and then write a summary of
 your experiences as well as a plan to continue developing your networking skills.
- **Educational and Financial Plan:** Choose one of the career paths and meet with an advisor to develop an educational and financial plan. The written plan should include:
 - Statement about why the selected major is aligned to your chosen career pathway.
 - An Educational Map of courses you need to take and when you plan to take these courses. Indicate how each course counts (general education, major, elective).
 - Transition plan. If you are planning to transfer, identify one or two transfer institutions.
 If you plan to go directly into the workforce, identify one or two jobs. Describe why these institutions or jobs will help you achieve your goal, noting how courses will transfer.
 - Financial plan. Determine cost of your education and the expected return on investment. Explain how you plan to pay for college. If you are planning to take out a loan, identify a repayment plan.

Research Paper and Presentation Assignment (15% Paper; 15% Presentation; 5% Exploring the Research in Summary Worksheet; 5% PowerPoint Draft):

There are 2 parts of the project: a 3-page paper and a 10-15-minute presentation. For this assignment, you will work with your group members to choose two peer-reviewed research articles on the same student success topic. Once I approve the articles, you will work independently to complete Exploring the Research in Summary Worksheets and write a paper summarizing the research studies. After you receive feedback on the paper, you will work with your group to develop a 10-15-minute presentation on the studies selected. You will need to independently create visually effective and informative slides that highlight how the study was conducted and the main findings (see Mayer's multi-media principles on page 132). This will serve as your Power Point Draft. You will then work with your group members to combine presentations to create an effective visual aid for your presentation. When presenting, use strategies to highlight important points during the presentation (see tips on page 129). The purpose of this assignment is to help you build skills such as collaboration, communication, critical thinking, and information literacy skills that will serve you well in college and in your career. Note that you will be randomly assigned a part of the presentation to present on the day of the presentation. All group members need to know all of the content-view this as an independent project with a support team.

Paper/Presentation Flow Chart

Find research articles- Share with group	
Select article (get my approval)	
Independently complete Exploring the Research in Summary worksheets and write a summary of the article	es
Discuss to be sure everyone understands the article	
Independently create Power Point slides	
Share slides and create slides for presentation	
Discuss how to best present the articles and practice!	

Include the following information on each study:

- why the topic is important
- purpose of the study
- how the study was conducted (who participated and what did they have to do)
- the main findings or results of the study
- application of these findings (why college students should care and how they can put research into action)